

Saint Agnes Medical Center Fresno, California

Mammography Physician Order Form #714 (03/22)

For Appointment: (559) 450-5	5656 FAX: (559) 450-5288
Patient: You Must Bring This Please See Reverse for I	
Patient Information: To Schedule by FAX - Plea	se include copy of insurance card (front & back)
Name: DO	DB: Patient Phone #:
Appointment Date: Time: CC Reports:	
Previous Mammogram Location:	Date:
	Exam (Asymptomatic)
Digital Screening Mammogram: To Include Digital Diagnostic Mammogram and/or	Breast Ultrasound as required to obtain Diagnosis
Diagnostic Br	reast Procedures
Diagnostic work up Including Imaging (Mammo, U/S Biopsy) & Surgical consult if necessary	MD PLEASE MARK AREA OF CONCERN
<ul> <li>Diagnostic Mammogram To Include Ultrasound if required, Biopsy if required</li> <li>Breast Ultrasound</li></ul>	Location of Abnormality (MUST COMPLETE)
Axillary	
Bone Density (DXA SCAN) CPT-77080 Diagno Please DO NOT take calcium supplen	osis: nents 24 hours from day of the Bone Density Scan
'hysician Signature:	Date: Time:
Physician Name (printed)	

#### **Examination Day**

Please bring this form and your medical insurance card. If you have had prior mammograms, please also bring your X-rays. If you are unable to keep your appointment, please call 450-2662 to schedule a new time. If you are pregnant or think you might be, let your physician know. Make sure to tell your radiologist or technologist before the examination.

### **Examination** Time

Your Exam will take from 30-90 minutes. For Biopsies, please allow 2 hours.

#### **Examination Preparation**

Before your mammogram, please wash thoroughly and avoid the use of deodorant powder, perfumes or ointments on your underarm areas or breasts. Please wear slacks/skirt with a blouse rather than a onepiece dress (for example.)

### What is Mammography?

Mammography is an X-ray study utilizing radiation to image the breast. It is considered to be the most advanced & accurate method to detect breast cancer at its early stages. At Saint Agnes we offer the latest technology-Digital Mammography. During the exam, it is essential that the breast be compressed to reduce the breast thickness. This compression results in improved visualization of the structures within

the breast and reduces the radiation

- 1. Saint Agnes Medical Center 1303 E. Herndon Ave (559) 450-3210
- Saint Agnes Breast Center at the Plaza, Ste. 206 (inside Medical Arts Building) 7202 N. Millbrook Ave (559) 450-2662

dose. You may notice that more compression is used that you have experienced in the past. This is done to obtain the best quality mammogram possible.

According to your own tolerance, this compression may be fairly uncomfortable, but the examination should not be painful. Women with painful, tender breasts maybe unable to tolerate the compression. May we suggest:

- 1. Schedule the exam after menstrual cycle, when your breasts are less tender.
- 2. One week before exam, avoid foods with caffeine, including coffee, tea, soft drinks and chocolate.

# What is 3D (tomosynthesis) Mammography?

A3 dimensional tomographic technique producing more views than traditional 2D screening mammography. Allows us to see the breast in several layers for each position limiting the problem of overlapping tissue which can hide cancers. The addition of tomosynthesis to digital mammography was associated with a decrease in recall rate and increase in cancer detection rate.

## Finding Out Your Results

After the radiologists has studied your mammogram, you may be asked to return for additional views. This is occasionally needed for further evaluation. The results of your exam with be sent directly to you, as well as your physician.